

ACEWORLD HEALING HANDS

HEALING HANDS

A collection of soothing poems dedicated to The Poirson Family

a publication of ACEworld

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DEDICATION

FOR

PATRICK POIRSON

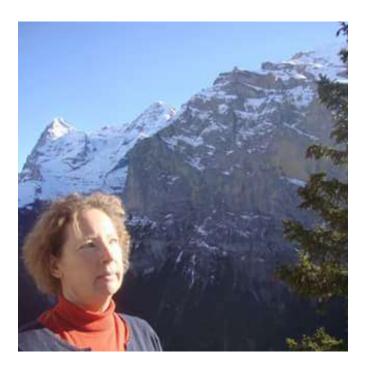


... Parce que votre vie est belle Et vous nous inspirez tous

(because your life is beautiful and you inspire us all)

AND

MA BRIGITTE POIRSON



... Une main de guérison (a healing hand)

INTRODUCTION

Poetry is healing. Poetry is balm. Poetry is like the calm waters of Lac de Vesoul, or the Notre-Dame Bridge that spreads across that long stretch of Ornain. It is like the towers of Eglise Saint-Georges, à Vesoul, or the serene gardens of Un panorama du Jardin Anglais de Vesoul (Anglais Garden Park). Poetry blossoms like the flowers of Dole or like the healing art of Louis Pasteur. Yes, poetry is that healing which flows from one to another, spreading an aura of hope and rebirth.

Poetry, sometimes, is the voice of the poet to bear the burden of the world, or unburden such heaviness. And at some times, poetry becomes the means by which the poet touches another poet. This is what we have intended to do in this anthology. Poets belong to a huge family. Just like any family has members who see the world differently, but united by a common bond, the poetry family defies geography, and is not limited by language or land or line. We are united by our humanity and the love of art. As a result, when one of us hurts, we hurt. We share in this burden, and pick a bit of it, so that it becomes less of hurt and more of healing. And yes, we heal with our poems.

This collection of poems serves some purposes. First, to share in the burden of a mother who has been part of the success stories of many burgeoning poets whom she has not seen physically but has been a part of their lives. Many have been blessed by her impact and great spirit. *She is a healing hand*. Two, to use poetry as a means of bringing healing to a loved one whose days remind us the grandeur of friendship and laughter, to **Patrick**. Three, to give poets the opportunity to heal the world with their gift. For in healing others, we heal ourselves. Four, to celebrate the human spirit, our humanity!

We want to use this anthology, *Healing Hands*, to remind the Poirsons that they are not alone in this trying time. Whatever the outcome is, we want them to understand that they are part of our family and we stand together. Yes, *nous sommes tous ensemble1*

Let your smile charm the birds And sparkle as the stream wets the flowers That sit by its bank Let life dance in your eyes Like maidens dazzle at the moonlight dance Let each day remind you Of how water heals many parched earth Smile as you heal, and heal us with your humanity! *Vivre au-delà des limites de la vie!* Yes, "live beyond the limits of life!"

Phunsho Oris

HEALING IS A RIVER!

By James Ademuyiwa

euphrates, pishon, gihon, tigris, i call unto your divinity to water this land again, for eden is man, eden is ill eden is the body of hope hanging beneath the jaws of a woman, laughing with tears from her heart that the world may call her strong, firm, gathered but her soul calls for mending

euphrates,

flow freely from ethiopia with nutrients that mends renting souls, that you may touch the body of a man eating up his own spirit for what is a life if we can't have it like eternity?

pishon, hear me! alabaster is your name, rob off these pains that mouths may lick up praises from a body filled with bruises for we know death comes incognito yet, we urge for a paradise starting on earth!

gihon, your ears are mine, lazarus was touched by your tides and son of man made sorrow a mother, birthing joy and smiles now, listen! you are from creation, feed these veins with rush of your tides that waters of gladness may fill our eyes

tigris,

our lives are in your hands, know that if we do not smile another set of dots would sting our hearts and slowly, our spirits depart from us too, hear me, that we may live again!

you will heal

(for Patrick and mother, who is always there)

By Ayoola Goodyness Olanrewaju

each passing day is a prayer and prayer but you are strong father please, be strong be strong... a poet cannot tell all the letters of pains in a pen of ink like your painsonly here it is feltin the bones where he breaks into a weakness in your weakness writhes some fires some fires some groans groans growing into groans into groans into groans a bottled cry

trembling hands and failed hushes on broken lips

he drowns himself into

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and stills into a still wish ...

i wish you give me your pains that mother may smile into ease tonight and close her eyes into dreams againdreams into moments with you...

this poet knows your pains pains that fold him into a pause

a pauseto shed tears held for long...

i want to rush into you like waterhealing you healing your dryness melting your swells into smooth plains drowning your pains...

i want to rush into you like waterbut i am helpless....

but you are strong father please, be strong be strong...

i have pounded my heart into a poem into a song so place me by your head tonight i am singing now-

'you will heal' 'you will heal'

so place me by your head tonight i am singing now-

'you will heal' 'you will heal'

please, be strong

be strong...

OUR HOME

By Mosobalaje M Abimbola

Building nest for one's self In the heart of men Is where home is

Making strength available for others While a voice thins with the night Makes the voice a sounding Echo running through walls

You are at home in mighty hearts Let this joy reel to you happiness And healing to our world

You are our world.

GOD IS NOT OUT OF REACH

By Osoba Taiwo P.

When you are lost in teary oceanic tide And with depression you glide, When your eyes has become sullenly wide When it seems there is none in whom you can confide, Know that, God is by your side.

When amidst crowd, you are alone, When you can't shout but groan, When you shed tears and moan, Why you cry, lying prone, Know that you are not alone.

When someone you loved is no more And you are depressed to the core, When your tears rolled down to the floor And you've wept your eyes to sore, Know that God is not far from your door.

When like a shepherd that left his sheep And your heart is cut too deep, When your tears you can't keep And it becomes difficult to sleep, Know that, God is not asleep.

When you stand alone by the beach And your loved one is out of reach, When you open your mouth without a speech, When you break down and screech, Know that, God is not out of reach.

When loved one, you bid adieu And it seems no one can be in your shoe Unless the person wants to bite more than (s)he can chew, Know that God knows what you are passing through My dear, He will always be with you.

LOSS

By Awotide Oluwaseun Micheal

Upon the sea of loss, I sail To see sights unseen, I am frail To tell thee the tale, I have seen.

I see a man in tears In awe of what has been I see the hurt he bears Of how life could be so mean

His love is gone from him A mourn he bids his jewel No more her face to beam For death has struck And all is not a well

The pain of loss is deep Each day anew a hurt is etched For a loved one is gone too soon to sleep, Is a thirst forever, "UNQUENCHED"

ANTIDOTE

By Mesioye Johnson

A boy's silence taught me theory of stillness and my tears couldn't listen, let alone obey voices wanting to speak in a gone soul and I never knew learning can be done forgetting one's brain in a skull haired with grief too which reminds a son, clothes of his mother's scents on the body of flames trying to fit into his father's smiles, how I wish this home never journeyed into a termite's mouththink about voices growing in speeches of autumn leaves, how I wish I was not a room where nightmares entered through stars in names of shrunk shadowsthink about tears soaking your dreams with textures of burning things in a bowl you carved your cheeks into where you foam in places named famine, never forget what made your mother a catalyst of rains under a cloud you once spread her laughter like wings naming all birds life, and remember not to make pebbles a thirsty man begging for your visions in language of waters, waters too weak to wash dusty memories finding revival only in waving wishes kissing a smoke faraway saying, heal.

A BETTER WAY

By Onikola Temitayo Daniel

A thousand and one men died last night, Our tears were like water-falls in heights; We could not decipher the sounds of death, Living on earth is like flies in cobwebs.

A man fell from the hills of life, This eel-ish soils are a thousand mile; My heart has become an empty card, Father left is body yet he lives in our hearts.

Our dreams were trampled upon by an erazer, Hanging unto immortality like a believer. Mother,let us drink from abrahams cup; I see the Pictures of our past in rain drops.

Our nights were like Aperitif sauced with bile;

But let us not flood the streets of our cheeks with the pains of life. Mother,I see seven rainbows in this clouds,

Our pain will pass and our joy will know no bounds.

Kiss me once again,hold my hands tight; Minuet together in the chambers of moonlight, Let this wrinkles spread with smiles, Mother close your eyes and dance beyond time.

LETTER TO A FELLOW WAYFARER

By JR Keem Tunde

Time changes everything and sometimes, the night is a hunting ground of memories that haunt, and moments we wish buried or times we pray to pass.

Silence is a body wandering in thoughts. A cultivation of ifs, maybes, whys and had I known – this is how a body drowns– to become an anthology of regrets & sad songs.

When the night becomes a stubborn sea, hold your head high, do not lose sight of shore. The night too is a phase A passage into a new dawn, a fresh start. The morning holds a new tale; of birds with the bellies of songs of flowers spreading love, and roads awaken. As a wayfarer, the morning is a new journey and your body is home; you are light, you are valid.

HEALING HANDS

By Tanimonure Richard Adewale

o pain! kill your song; dancing throat of a merry death, smiling black drench of a loss; rumbling mad magma within cores.

see! your life is tick tock; adieu chime of your eternal bye in this strong sun we doth rejoice.

healing hands shines our hearts bright, as a blazing hope of a rich rebirth, smiling wide our beats as song of rich red rhythm of pure joy.

healing hands, our faith so great in a wide white smiling sky of a clear blue balm of face;

our grave of this mocking pain, as sweet feet of a teeth, six in fix of a killing smile.

healing hands, thank you; for a brand new song, so fulfilling beautiful.

THE SUN WILL RISE

By Ogedengbe Tolulope Impact

Mother,

A thousand fears assail my heart As dark night comes apace to pa(c)t I've counted every pain and ache Each line upon my wrinkled face.

My daughter,

Do not fear this life's fading light; The dread of night with gloomy sight Only the brave stands to hear the crows The cocks' crows of what tomorrow holds.

But mother,

I have stared into the face of the moon To know what the morrow holds for the noon I have sought for lights amidst the stars But their beams are weak to pierce my scars.

Dear daughter, Though light be dim, the sun will rise The sun will rise above the skies Though night be dark, the sun will shine The sun will shine with hope divine.

MAY DAY

By Ola W. Halim

On May mornings, flowers soar And leave dotted yellows on carpeted greens; Above, the heavens are wools of snow Setting paces for worlds anew

The petrichor freshens the air As do trumpeting morning glories; There is an angel closer to you Filling spaces hitherto left void

Amid umbrella branches are chirping birds Wings flapping dewdrops And if this is paradise, let heaven Throb from Earth's nucleus

And I shall dance with daylight, Turn silhouettes to sunrays I shall reach out to the heavens And sing to the hopes of May

MY WORDS SHALL NOT DIE

By Adeniran joseph

faithless-gristle dried-off, From the epoch of my lyrics, Where I form a sermon for HOPE. I was told peace was on my fore-head, Unknowing peace as its own RISK.

Sweetness buried on our rusten-lips, Forgetting that life has no families, But an infant-home at dawn. If you see him, tell his deaf-ear, We're on a death race to the son of soil.

This world was once a darkness of valor, In existence of sinners not the hallows, To bring shameful-gain amidst of kings, To tell the world itself is stained with sins, Where no man can hide nor sink.

Who said 'the wages of war is death?', That being is dead but yet to be buried, Cos 'war' and 'death' are life inheritance, Where thousand fools buy as goods, But at the end, it's vanity upon vanity.

ANOTHER LIFE

By Johakeem Talisman Jude

Let these words,

Drown the sweet tingles of sorrowful abhorrence,

Down the stream of tears flowing freely your aged cheeks,

Tell not this to the spectrum of changes inhibited by wild emotions, Tell not this to the reoccurrence of

scars when the world effaces in her youth, Tell not this to the sun either,

For his Memories are apparent even in his unruly scorch,

But to the fading tinges of subtlety and affable reasoning,

Death doth revel,

But every dripped tear,

Is a harbinger of Hope,

Embracing the fertility of the soil,

Breeding life in roots and fruits,

Maybe this Loss devastates my eyes,

Maybe this love is as bitter as gall,

Maybe this Tears will be harvested in another Life

HEALING LAND

By Modest King

When life offers you a reason to be sad And tranquility bids you a farewell When the earth's like showing her ugly side And into the sea of sorrow and grief you slide

When in your turbulent sea alone Paddling your boat against the raging storm When life took away your loved ones Leaving you only but to mourn

Bury your woes, remember them no more Bury your sorrows, embrace bliss bury your phobia, get mightier Gather up your pieces and get unlimited peace

your body and marrow may frail you got stories, so many sad tales Trust God who never and will never fail he does his works without leaving a trail

There's a healing land somewhere here located in the lines of this poem flip through the lines of this poem and find hope, find it more here.

FEIGNED NOT

By Stephen Dangu

The touch was golden Magically transforming Not like Midas Soothingly relinquishing me Of this aches

With all the burdens You've stayed true After all the loss You are restoring Amidst the chaos You are reviving

With all fondleness In a heart of a world A home for all not leasing For no stranger abound

SHINE HOPE, SHINE

By Oluwaseun Tiwistar

This risen sun shall sing songs of hope To penetrate the deafened ears Hung on the weary head of our society!

Shine,

Illuminate the darkness that hides our beauty; The plain veil of deception clothing our worth

Shine,

Let your heat burn all negated imaginations Sketched on the sheets of beholders' thought

Shine,

Hold our hands, let us journey with you Above the dust that rose from our thumping fall;

Shine upon our hearts, Shine, upon our world; Let our smoke rise higher than our burnt tree.

REBIRTH AFTER DEATH

By Michael Okereke

Death comes each night i close my eyes to sleep, A two-edged sharp sword with no handle; Inevitable damage to even he who wields it.

Each morning when i wake, i'm reborn, Memories of the past night swallowed up in outbursts of happiness; The positive vibes are so thick, they cling to me like boiled okra.

Out of the ashes of an unforgiven nightmare, new life grew again, Silver wings that stretched out to the jeweled vision of a life started anew; And while there is still life, there is hope.

SHE LIVES IN ME

By Stefn Sylvester Anyatonwu

It is my sincere hope that I find solace in tears and the deep sighs that gallop like a pack of frightened mares. Will I ever heal? Will this grief ever cease? A thousand words won't bring you back; I know this because I've tried. I've called you a thousand times those sweet sweet names that make you blush but your grave shuush me away with same scary silence. A thousand tears won't bring you back; This I know because I've cried; I'll spend no more time upon mourning, you wanted me to live, love, laugh and never to be boring. One day, dear dame, I'll see you again, across the sky. You died in my arms, but lives in my mind.

A VERSE OF HOPE

By Olaniyi Ololade

If we scour this city tonight, We would find the brocken bones of the saints, We would find tattered skins,littered with blood.

I listened to the song of a boy, He said "brother,why am I alive? I'm licking sorrow and dispair, Mama has deserted me for days."

No,it's never our wish, It's never our plan to chew bitterness. this land has brought us a cloth, A cloth of fate that we can't reject...

But tomorrow preaches hope. If today doesn't take you away, If the grave doesn't swallow you, You shall find peace on the face of 'morrow.

A DOVE RISING FROM A RAVEN

By Dhee Sylvester

Streams of steamy tears slip from your eyes, thus swiftly sweeping away the smiles, from the solemn twin-strip sitting beneath the dark oval windows of your nose.

but you're far too special, far too beautiful, to live consumed by the grim of gloom; and so like the proverbial phoenix, you must rise from the ashes of your loss.

yes, like a dove rising from a raven, your scalding tears will not remain; and your silent lips too shall spread when the feel of mirth fills your chest;

so I hope you rise above your grief, to regain the gaiety and glee; for if sorrow choose to rope your glow, then may healing come to robe your hope.

the heart only ever finds closure, when it leaves aside the hits and the hurt; and though life may never be the same, but I pray you come to live and laugh again.

HEALING HANDS

By Goodness Tchibueze Mgbemere

healing hands are herbs that are all-curing... who do not know that the world is a patient languishing in the hospital bed of time and needs healing*? yes! all over her body aches with pains from the brutal blows of wars; of famine and insatiable hunger; of her children who wear kwashiorkor as a garment and she cannot put it off; of dirts and malodorous smells wandering in the air as birds building their nests in her lungs, turning her bowel and causing her to puke; and she's a widow who lost the love of her life in the cold hands of the cancer of hate because there were no hands to heal... it is the hand of love that heals time only stops the bleeding. because you have love on your finger tips you become that hand that heals the world

THE REBIRTH

By Ifemeni Derrick White

The laws of gravity was obeyed During those strenuous - but honorary days Where African poetry was taught to sit comfy Amongst those prestigious years Under your care, your words and your inspirations. *** Your legacy has etched deep on us Indefatigably, sketching and fetching us Power, affection, durability and efficacy From Afro-pean, to African poetry Telling Africa, all hopes aren't lost yet. *** We African poets - are your healing hopes Your undoubtedly surfacing heroes and heroines That sucked your breast milk of standards And ate your words - as we chewed it To digest them, like explorers - ready explore to the world. *** You're Mother Nature on a light-skinned body

Nurturing Africanism, and rebirthing generations That'll speak your inked languages And globally break Newton's laws of gravitation To obey your laws of poetry and proliferation.

HEALING HANDS

By Mahmud Sufiyan

Life has given birth to hope Where our hearts does receive healing, Healing hands hold true through life's battling, Seeking to give love and hope.

Oh, Mother Brigitte Poirson, Thy words smiled as you lived with joy. Let my words cause healing to your heart as the wind does blow, Blessed are these words.

Death's blessings, it seems, is all we have left, "Life is sweet" but only few can know rebirth, My heart in pains, but with poetry we shall be hailed With power embroidered with words.

Hear our pen's cry As you are in tears, Let's jointly redeem your heart with our pens, Oh, Mother Brigitte Poirson.

HOLD YOUR PEACE

By Oki Kehinde Julius

Hold your peace Let go the heartbeat You own not all the bitterness, in bitter leaf Salinity of the sea, is not limited only to the fish

Death may sting our beloved ones Sickness may plague our daughters and sons Peace might speaks to its dreadful legs Insurgency could be the sun that sparkles our earth.

Hold your peace Cast away the grieve Worry won't bring back the abrupt loss Ride your hope on wheeling horse.

Healing hand will surely heal The anguish heart, sorrow has eaten deep. Faith could still restore back the lost glory Hannah, Obediodom and Sarah can attest with their stories.

Hold your peace Don't hang yourself on the tree Human lips, might deprived you a kiss You got your two parted lips to lick.

HEALING BALM

By Ogechi Veronica

Though the seatides blow Just enough to take your glow Though the rushing whirlwind sweeps your feet Hold his hand and stand your faith He knows your tears and all your fears He sees through the stares and all your cares His balm is here, even so he cares for you

Like night and day so our deeds shall live a seed Take the lead and weed the reeds Beats of reunion of sleeping soul around you lurks And here, your feeble soul,sadness locks Within turgid waters and stormy gale His gates sings chants of grace Hold on, his peace speaks still.

You weep, sulking at life As though his promises are mere lies Weary of tomorrow as dusks sets for dawn You clutch your fists at sorrow for hope is down His balm is here to heal your wounds And sores that mould Still you rise, above the ground for he knows the sea and ways around.

FRIEND OF THE MOUNTAIN

By Fame Odey

Time . . . came Drunken and staggering Took me by breathe And sent me under my self Then . . . I Fought to remember the rhythm of breathing

And rebirth came in a trance on the relics of time Listened hard to my shaking Jericho ... yet Found me too idle to mould a song Friend mountain took me under the mount and said . . "it is sweet to gain and sweeter to loose hope"

Restless figs surmounted Shared raw healings Distributed Wealth clothed in wealth And Planted nourishing oasis on our deserted lands

I know where the world leads to . . . So, I shake off the dust And water my garden of hopes For there is always a light at the end of a tunnel

These figs . . . I call them "the mountains" And I am their friend Therefore I am a friend of the mountains

FLASHES OF THOUGHTS

By Ojo Adewale Iyanda

Firefly-You won't die on the field of souls where look you for incense to feed the pain of your soul You are fighting without might-For it has been stolen By the air of hope, Your hope in death.

I felt your pains in vain for it wasn't as sincere as yours I am a prey: of your beheaded pains of your bereaved feelings You have fought and won whichever path the future tour i pray strength to your spirit to bear victory in your profit or loss.

POST - GONG

By Olaleye Gift Emmanuel

Gong! Gong!! Gong!!!

The sound when the skies become a blank screen,

Of open sores,

Of which the atmosphere grows harsh and without sympathy,

The grounds ahead seems unstable,-

Stiffened by the soul swept into nakedness...

Time; whose hands heal, Performs soft work on soul, And pain is impregnated with hope, A lingering desire ; most soothing, And when we become wild flowers, Weeded away, We live again, In sleep,

Together with all gone before.

THE COMIC COMET

By Poet Loaded Akinwemimo Idris

Breeze lates leaving the shore Spring's scars, all by the winter . Slant giggling dew seizein summer, Dried, minds of the massacred maids.

Brink of pains paint with stains, Blot blatantly, the jaundiced eve. Hope hooks tales of whooshing tide, The comic comet whirls against the us.

Fruit falls off trees only in Autumn, Barren but trees now while in summer. Days slow stride against awaited fortunes. These are slavery days of the enslaved.

Tide but shall return the slaves' booties When the sun bates the moon for peace. The untimely fall of the fruits in autumn, Shall decay be showered for green foliage.

HEALING HANDS

By Precious uzoka

I wandered alone like a lonely stream Forgotten of its existence Obvious of the mountains that surround me Oblivious of where I am flowing to I will not dry up! For I am the hope of the fishes In this little ponds..

I flowed through the Pacific and Calmed her of her tempest I flowed through the Bethesda And healed her of her thirty one years sickness I am the spring of life; The healing hands of the growing rivers, Why should I taste bitter like the Marah?

But if tomorrow I get cold And disappear at the beginning of dawn Listen to the waves in the ocean, There you will hear my clumsy voice of hope And rebirth and drink new life from my source.

MURDERED DRIVE

By Adigun Temitope Idealism

- This hope is the referedum of quietness
- The breeze's voiceless voices
- And this hope is the fears of our mother
- Murdered with yesternight pains and agony
- This hope hoped for peace
- But splitted into pieces
- It is the mother of triplets;
- Of whistled silence
- And of wrestle bones
- This hope wandered on the wilderness of life
- Beaten with rain of sorrow
- That withered the standing fence of our household
- This hope made war upon our faces
- And written at the fore-head of our hut
- This hope wails. falls. and dies
- With the silence of the beaten drums
- And the nakedness of the moon
- It is the shadows of our fading day,
- The reason for the crying flame
- This hope is a covenant, but make it the fate of the dead.

MOURN DAY

By Omirin Emmanuel Kayode

I heard Afrika's* voice in my head "Aluta! We must fight! Our voices must be heard! Our lives must be ours not theirs Our affairs must be controlled by us not by axe Our bloods need to cease from being shed."

He declared war! The war that ate him raw. The war that ended all wars The war that brought SMS* Whose fruit, he never tasted.

June 10, 1999 – a campus mourn day That saw the resilient hero swam in blood With his body butchered, clubbed and battered, Making his dreams outlive him.

Yearly, our candles are lit For his blood brought us this peace, Without it, our skulls could have been calabashes, And our flesh, feeds for the birds in the air.

©Omirin Emmanuel Kayode (Emaculate Ife)

*Afrika, an alias for George Iwilade, who was an Obafemi Awolowo University Law Student that was known for his resilient fight against cultism on the OAU campus. He was eventually killed for his course. His death however brought an intensified fight against Cultism that led to the peace that Obafemi Awolowo University enjoys regarding Cultism.

* Scientific Maximum Shishi – A form of jungle justice that is often melt on criminals mostly thieves, cultists, rapist among others on Obafemi Awolowo University campus

DREAM AGAIN

By Max Idris Aloma

Sometimes you gaze at the cloud, At the white veil across its face As harbinger of a salvering rain To replace the stream in your eyes And wither the sweats drowning your skin. All souls at a state guest this state. When wild wind whirls its wacke But let not the wind's shredded palm impair the royal throbs havening your heart; Make dream your phial; pearl it gold. Go to Spes for her treasured aide Which merries those that fight their storm. Take a shawl from the moon, wear its crystal face Be earth times ecstatic, breed your bliss anew. Has dole any strength if you breed hope? Wake your distilled mind, dream again!

2008

By O'pelumi Francis Salako

I know these songs of grief, I once lived in its cracked walls I have threaded the paths of pain and loss too, grounded and battered the tongue of sadness is a baked cow's tail, burnt and black a mad dog running across a silent street, her tail on her head tears sometimes are white milk trickling down my grandmother's fallen breasts - shrunken and dry and barren Mother is a water of different bodies of rivers ,sometimes I am lost on the way home is there a such map that leads one to solitude? every soul is free to grow and live and find its way home - to peace and love and salvation joy is a city within the confines of sadness, first to dig and swim and struggle and be free the water of happiness tastes sweet to a victor's heart of what importance is light when there is no darkness? to fight is to cry and be sad. to grieve and lack and be bent by the wind of time to win is to sing the songs of defeat accompanied by a long line of owl and still be whole to live is to understand that life is a continuous contest, it shall take your voice and give you ink of water to write with yesterday, my dead grandmother's soul came visiting, she smelt of flowers forming a Bond, she sang of a wonderful end to a strong soul

SECRET ADMIRER

By Samuel Ayoade

the ball of glowing gas stood here swallowing up the splendour of the Orion when the cosmos turns the colour of an onion the pleasure of an onion on the eye it is easier for a camel to pass the eye of a needle (based on logistics) than a sickle cell be reversed, inverted or converted let the blind see the seals of the sea the world is blind, the earth is deaf, let heav' help nature lies unfair, cries the heart of man in its midst, bastards politick on his intelligence the incense of his finance is on recess instead, the stench of decaying carcasses from blast explosions ... but behind the scene. Folashade a voice calls to heal your hurts and mend your heart to wine, dine and die with you

through the storm, rain and fire, to hold you

- a secret admirer...

SAY LIFE !

By Micheal Ace

There are spirits in this room Those who whisper; *"this is he who needs peace blow the light and give him death and he shall die, and live, above*". There are spirits in this room Those who say; *"heaven is no home for travellers*

who still have oil in their lamps and green in their farm^{*}.

There are spirits everywhere You will find them in mother's eyes And inside the yellow sun That walks down your window. You will also find them in the voice That tells you 'come, let's go faraway'.

But father, say life!

Say life before the night comesand we stare into the darkness to find you break into nothingness. Say life before these eaglessink their beaks into our memories and fly you to places you can't see.

Father, say life!

Healing comes from the water That flows white on your tongueand in the well in your mouth So moisten this wind with words Accompanied with little drops of lifeand you shall heal, and heel to live.

Death does not know French or English Or other languages that rose From the fall of the tall ancient tower. Death understands only the mind And the force that comes from wills And from the desires to live.

So father, say life!, and death will flee.

HOPE

By Toheed Sheu

When problems appear like a day light, Your heart should be perforated at the same time with hope. When sickness knocks at your door, The window of patience should be opened.

Remember Some have knowledge of nothing But the four corners of their cell. You have freedom of movement That is why you should keep on thanking your creator.

It weaken the sprit And makes hope vanish It makes face to be frown And contracts the heart.

The one that is lost or gone away Cannot be returned with grief. Changed face and serious cry Cannot resurrect death.

Swim in the ocean of hope, Walk on the road of patience, Sing the song of change And let the breath keep life going.

REDISCOVERY

By Deyemi A Agarau

tulips are new moons, new ways to say to a mother that she is the songs running into the eyes of children running out of hopes

there are other ways to carry someone's sadness: watch them breathe slowly you imagine how loving him is becoming your own death how sleeping is the same as dreaming about days with winds coming home without him in it about his pictures falling from the walls

but today, the dream took another way home today, horoscope says that love has come to say.

NEVER SAY NEVER

By Timilehin Gabriel Olajuwon

Wrap your anxiety into your soul and watch your spirit fly on the wings of faith, Bury your doubt on the ground of possibility and watch your minster rise as the morning light...

This is a poem of healing On the altar of hope... If the the river seems drowning Never say never, The end is always the beginning

CHAINING CHAINS

By Adedolapo Ansel George

Broken were the mirrors of life, When the sky crept into your paths. The quest for unending search begins, Like infants counting numbers of stars.

The thorny road is an arid slippery one, Like smoke, do not dart, dance and die, To rhythmic flapping of trees and rivers, Or cease until the sky seize the moon.

Terrific tragedy lie therein its tales, And beauty flow on faces of waters, When fear sweep your foot off floor, Building castles amidst shores of hope,

Do not leap to sleep, weep and sweep, Therein the castles of creeping shadows, Like the sun crawls into the womb of a new day, Break these spells, and walk on running waters!

I WILL RISE AGAIN

By Usman Kamsi Ojo

Blood seeps through the holes of my battered soul The colour of despair stands out a mile The scorching sun has burnt my naked soles Yet there's a sweet sorrow that lingers in my smile

The sky is cloudless; the rivers have run dry Farmers are back home- there's neither dew nor rain Tear drops hang loose from old, weary eyes Darkness falls at noonday, yet I'll rise again

Vultures have gathered over my rotting bones The claws of injustice seek to tear me apart I am a fugitive king in search of his lost throne Yet there's a yellow flame that burns in my heart

Someday I'll climb the hill that has no name But I'll be back before the sun goes down And when I return, things shall not be the same Just a step further- and I'll wear the crown

Before the sun rises, it must first set Listen to my song; these words I speak are not vain Cheer up, faint soul! Death has missed his target This too shall pass- and I will rise again

HEALER

By Grant Steward

If we weave our hearts With threads of compassion And braid our spirit with care And dent our lives positively,

If we leave footprints Of kindness and love On the souls of mankind as we journey through life

If there is light in our heart And we carry peace every were we go, If the extra ordinary blows in our heart And we become what we have always wanted

We'll not just spread healing virtues We shall be healers and restorers, Of broken hearts and spirit We shall do the impossible

HEALING

(of the balm that lines sing)

By Adetayo Onososen

Father once told: tough times never lasts, touch people do

and that

there are nights when the moon loses its taste

and

the stars won't be enough light to lead you home, or enough balm to heal you whole

but still you must paddle these storms, you must know; fire is a journey not a destruction

and when this darkness sets, dawn shall break again

A SMILE OF HEALINGS

(For Ma. Brigitte, a star on our skin)

By Jonathan Otamere Endurance

- When I close my eyes, I see the night running
- Into a shadow of moon, light, and galaxy of smiles.
- Our eyes hold roses to a body
- And a sun runs into them
- And say they are a home for healings,
- Love and sweet songs.
- We do not hold fire to a body
- Wrapped around rainbow and roses
- So when I open my eyes, I see the sun
- Holding shadows of smile
- To the lips of a woman
- And how it spreads into a rhythm of laughter
- Finding home on her cheeks

DOWNPOUR

(for momma)

By Wale Ayinla

a mother walks into a song her legs are like burnt scars they move left and right, up and down till the flames scatters into the lyrics of the musician.

'dance away your sorrow boogey down, boogey down the cross won't be there tomorrow just a couple of frowns'

she walks out into a coloured air (refreshing holds dear to a worn-out soul only when it's torn apart, only when it becomes a beach that knows how to steal the joy of strangers and leave hers at their feet)

a boy runs across the lawn with fresh hibiscus she doesn't know the boy but she knows he carries a part of her– maybe a bit of what she thinks she were: a half-wild sun, strong and bold, dividing asunder the flesh & the heart with a downpour of memories she wants to fly, or maybe buy a house in the sky to show God how down her soul has been to show God that angels do not fall even if they do, they heal to show that angels do not cry even if they do, they float to show that there is nothing else to hold on to on the ground, except dusts & she wants to get drown and float like a new song:

'on the hill i saw a cross a blood is there to soak my pains away' Organized and Edited by Phunsho Oris Compiled by Micheal Ace Published by myaceworld.net

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THE END